

Review

ISCOMs and ISCOMATRIX™

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ABSTRACT

Immuno stimulatory complexes (ISCOMs) are particulate antigen delivery systems composed of antigen, cholesterol, phospholipid and saponin, while ISCOMATRIX™ is a particulate adjuvant comprising cholesterol, phospholipid and saponin but without antigen. The combination of an antigen with ISCOMATRIX™ is called an ISCOMATRIX™ vaccine. ISCOMs and ISCOMATRIX™ combine the advantages of a particulate carrier system with the presence of an inbuilt adjuvant (Quil A) and consequently have been found to be more immunogenic, while removing its haemolytic activity of the saponin, producing less toxicity. ISCOMs and ISCOMATRIX™ vaccines have not been shown to induce strong antigen specific cellular or humoral immune responses to a broad range of antigens of viral, bacterial, parasitic origin or tumour in a number of animal species including non-human primates and humans. These vaccines produced by well controlled and reproducible processes have also been evaluated in human clinical trials. In this review, we summarise the recent progress of ISCOMs and ISCOMATRIX™, including preparation technology as well as their application in human and veterinary vaccine designs with particular emphasis on the current understanding of the properties and features of ISCOMs and ISCOMATRIX™ vaccines to induce immune responses. The mechanisms of adjuvanticity are also discussed in the light of recent findings.

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1. Introduction

There is a growing interest in the use of colloidal particles as antigen delivery systems [1]. Liposomes, for example, allow for the encapsulation of antigenic proteins and peptides in a multimeric particulate form. However, due to the lack of sufficient

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inherent immunogenicity, the s all require the use of additional adjuvants if they are to be effective in stimulating an immune response [2]. Immunostimulatory complexes (ISCOMs) are particulate antigen delivery systems composed of antigen, cholesterol, phospholipid and saponin [3]. A description of ISCOMs can be found in a report dating back to 1973, but at that time their potential as subunit vaccine delivery systems was not recognised. The initial use of ISCOMs came from Morein B demonstrating that formulating micelles of the saponin Quil A extracted from the bark of *Quillaja saponaria* with viruses resulted in an effective particulate vaccine [4], which may act as an antigen delivery system with potential immunostimulatory activity. ISCOMATRIX™ is a particulate adjuvant comprising cholesterol, phospholipid and saponin but without antigen. It has essentially the same structure of ISCOMs [5]. Antigens can be formulated with the ISCOMATRIX™ to produce ISCOMATRIX™ vaccines that can provide the similar antigen presentation and immunostimulatory properties as the ISCOMs but with much broader application as they are not limited to hydrophobic membrane proteins [6].

ISCOMs and ISCOMATRIX™ combine the advantages of a particulate carrier system with the presence of an inbuilt adjuvant (Quil A) and consequently have been found to be more immunogenic than other colloidal systems such as liposomes and protein micelles [7]. Critically, formulation of ISCOMs and ISCOMATRIX™ retained the adjuvanticity of the Quil A, while increasing its stability, reducing its haemolytic activity, and producing less toxicity. They also required substantially less antigen and adjuvant to induce immunity in the host than vaccination with simple mixtures of free antigen and saponins [8]. Many studies have demonstrated the ability of ISCOMs and ISCOMATRIX™ vaccines to induce strong antigen-specific cellular and humoral immune responses to a wide range of antigens in a number of animal models [9,10]. As such, ISCOMs and ISCOMATRIX™ vaccines have been approved for veterinary use and are currently undergoing clinical trials for human use [8,11]. Both vaccines have been shown to be safe and effective in numerous animal and clinical trials, including anti-cancer, anti-bacterial, anti-viral, and anti-parasite vaccines [10]. Here we summarise recent progress of the ISCOMs and ISCOMATRIX™, including preparation technologies as well as their application in humans and veterinary vaccine designs with particular emphasis on the current understanding of the ability of ISCOMs and ISCOMATRIX™ vaccines to induce immune responses and the mechanisms underlying their properties.

2. Preparation of ISCOMs and ISCOMATRIX™ vaccines

2.1. Components of ISCOMs and ISCOMATRIX™

ISCOMs and ISCOMATRIX™ are the versatile and flexible systems with various phospholipids and saponin components, and possess the same particulate structure. The saponin and cholesterol molecules interact to form a subunit, ring-like micelle which, in the presence of a phospholipid, creating a cage-like structure, approximately 40 nm in diameter. The most commonly used saponin in ISCOMs and ISCOMATRIX™ is Quil A or its purified components. Quil A is a semi-purified preparation of *Quillaja* saponin that is composed of a heterogeneous mixture of probably more than 100 closely related saponins. Quil A is suitable for veterinary applications but is considered unsatisfactory for human applications [12]. However, further characterisation of Quil A has identified several saponin fractions, which have adjuvanticity and retain the capacity to form ISCOMs and ISCOMATRIX™ [13]. Three purified saponin fractions from Quil A, referred to as QH A, QH B and QH C, have been characterised with regard to their toxicity, haemolytic activity, ISCOMs forming ability and adjuvant properties

[14]. The fraction QH B, although having high adjuvanticity, was found to be too toxic for clinical applications. A combination of seven parts of QH A and three parts of QH C as referred to as ISCOPREP 703 or QH 703. Hsu et al. [15] reported that ISCOMs vaccines against human respiratory syncytial virus (RSV) formulated with the QH 703 induced a significantly greater antigen-specific immune response than either QH A or QH C alone. Most recently, Pham et al. [16] investigated the effect of different fractions of Quil A on the ability to form ISCOMs by the method of ether injection. The injection of ether solutions of lipids into aqueous solutions of QS 17, QS 18 or QS 21 all resulted in homogeneous ISCOMATRIX™. The combination of lipids and QS 7 produced lamellae and liposomes as the prominent structures and a minor amount of ISCOMATRIX™. The remaining hydrophilic, low molecular weight fractions of Quil A did not produce ISCOMs, instead liposomes and helical structures predominated in the samples. In addition, Bomford et al. [17] examined the adjuvanticity and formation of ISCOMs by a series of saponins differing in the structure of their aglycones and sugar chains. The only saponins apart from *Quillaja* that were adjuvantic were *Gypsophila* and *Saponaria* saponins, which resemble *Quillaja* saponins in that they contain saponins with branched sugar chains attached to positions 3 and 28 of the aglycone. *Saponaria* saponins formed irregular ISCOMs like structures, and *Gypsophila* saponins produced a sheet of joined pore-like structures.

Some researchers have also attempted to alter the properties of ISCOMs vaccines by varying the phospholipid component. Lee et al. [18] compared the structure and adjuvanticity of ISCOMs vaccines formulated with either glycolipids from marine algae or with egg phosphatidylcholine. However, no difference was found in the antigen-specific immune responses raised against the membrane pore-forming protein from the human pathogen *Yersinia pseudotuberculosis* (YP MPFP), following immunisation with either type of ISCOMs vaccine. Another research concerning modification of ISCOMATRIX™ by the replacement of the phospholipid for the glycolipid (monogalactosyl diacylglycerol) from sea macrophages, and saponin Quil A for triterpene glycoside of cardiac glycoside from *Cucumaria japonica* showed that this newly designed vaccine termed TI complexes exhibited considerable improvement over ISCOMs. Under conditions of experimental immunisation of mice by YP MPFP, TI complexes with antigen provided stronger humoral immune response to antigen than with classical ISCOMs, liposomes and Freund's adjuvant, thus showing the prospect of the use of TI complexes as a new type of adjuvant carriers for antigens [19].

An intriguing alternative approach to the classical ISCOMs vaccine incorporates both an additional adjuvant plus an antigen-presenting cell targeting moiety [20]. Cholera toxin (CT) is the most potent mucosal adjuvant known. As an intact holotoxin, however, CT is not suitable for use in humans due to its potent induction of diarrhoea and demonstrated accumulation in the olfactory nerve. A non-elytic adjuvant CTA1-DD was formed by the fusion of the highly active A1 subunit of CT to protein D, a synthetic analogue of protein A from *Staphylococcus aureus* which binds to B lymphocytes. This fusion protein is thought to enhance antigen presentation by B lymphocytes via a process which is dependent upon both the ADP-ribosylation activity of the CTA1 subunit, plus the B cell binding of the D component [20]. As CT and saponin adjuvants appear to have distinct mechanisms of immune activation, Moat et al. [21] combined CTA1-DD and ISCOMs to create a rationally designed adjuvant vector CTA1-DD/ISCOM. The vector as highly immunogenic by the intranasal as well as the oral route even with nanogram doses of Ag, inducing Ag-specific serum Abs, CD4 T cell priming, and IFN- γ production. Immunisation of mice with CTA1-DD/ISCOMs via a range of mucosal and systemic routes suggested that the combined vaccine is more effective at inducing both cellular and humoral immunity to antigens incorporated into the

accine particle [20]. Helgeb et al. [22] further extended the potential of CTA1-DD/ISCOMs as an effective mucosal vaccine delivery vehicle by incorporating CTA1-DD and the influenza PR8 Ag into the same ISCOMs. This combined vector was a highly effective enhancer of a broad range of immune responses, including specific serum Abs and balanced Th1 and Th2 CD4⁺ T cell priming as well as a strong mucosal IgA response. Unlike unmodified ISCOMs, Ag incorporated into the combined vector could be presented by B cells *in vitro* and *in vivo* as well as by dendritic cells; it also accumulated in B cell follicles of draining lymph nodes, enhanced B cell maturation and stimulated much enhanced germinal center reactions. Strikingly, the enhanced adjuvant activity of the combined vector was absent in B cell deficient mice, supporting the idea that B cells are important for the adjuvant effects of the combined CTA1-DD/ISCOM vector [22].

Similarly, others have used the biotin-streptavidin system to tag antigens onto the ISCOMATRIX™. One such method was based on the expression of a biotinylated fusion protein that was associated to Ni²⁺ coated matrix via a His₆ tagged streptavidin fusion protein. This method utilizes the binding of the hexahistidyl (His₆) tag to bivalent metal ions, often used for affinity purification of recombinant proteins. ISCOMATRIX™ containing a chelating lipid was prepared and then incubated first with Cu²⁺ or Ni²⁺ ions and then with the His₆ tagged protein [23]. The second method was based on the strong binding between biotin and streptavidin. The second approach was to express the immunogen with streptavidin as a fusion partner, which would bind to biotinylated matrix. Wikman et al. [24] used NcSRS2 and the malaria peptide M5 as model antigens to prepare ISCOMs using the above both approaches. When NcSRS2 ISCOMs produced according to the first approach were used to immunise mice, antibodies reacting with native *N. caninum* antigen were produced, indicating that the recombinant protein was correctly folded. Furthermore, immunisation resulted in partial protection against clinical disease and reduced the amounts of *N. caninum* DNA in the brain of immunised mice after challenge infection [25]. Piniakiatrakul et al. [26] further evaluated and compared the immunogenicity of NcSRS2 ISCOMs prepared according to three different methods based on biotin-streptavidin binding and/or Ni²⁺-His₆ tag interaction. While all these ISCOMs preparations induced *N. caninum* specific antibodies at similar levels, His₆-SA-SRS2' coupled to biotinylated matrix generated the strongest cellular responses measured as *in vitro* proliferation and production of IFN-γ and IL-4 after antigen stimulation of spleen cells. However, the relationship between the levels of these cytokines as well as between IgG1 and IgG2a titres in serum induced by the three ISCOMs preparations were similar, indicating that the balance between Th1 and Th2 responses did not differ. After challenge infection, mice immunised with His₆-SA-SRS2' coupled to biotinylated matrix had significantly lower amounts of parasite DNA in their brains compared to the other immunised groups.

2.2. Methods of ISCOMs and ISCOMATRIX™ formulation

ISCOMs and ISCOMATRIX™ can be prepared by various methods, which essentially differ in the pre-dispersion of the lipid components and the use of additional solubilisers [27]. The different methods produce colloidal dispersions which differ in homogeneity, occurrence of particle species and time to reach equilibrium. To date, five different methods have been described in the literature: dialysis, centrifugation, lipid film hydration, ethanol injection and ether injection. The colloidal structure depends not only on the preparation method, but also on the ratios of the saponin, cholesterol and phospholipid components (Figs. 1–4). Con

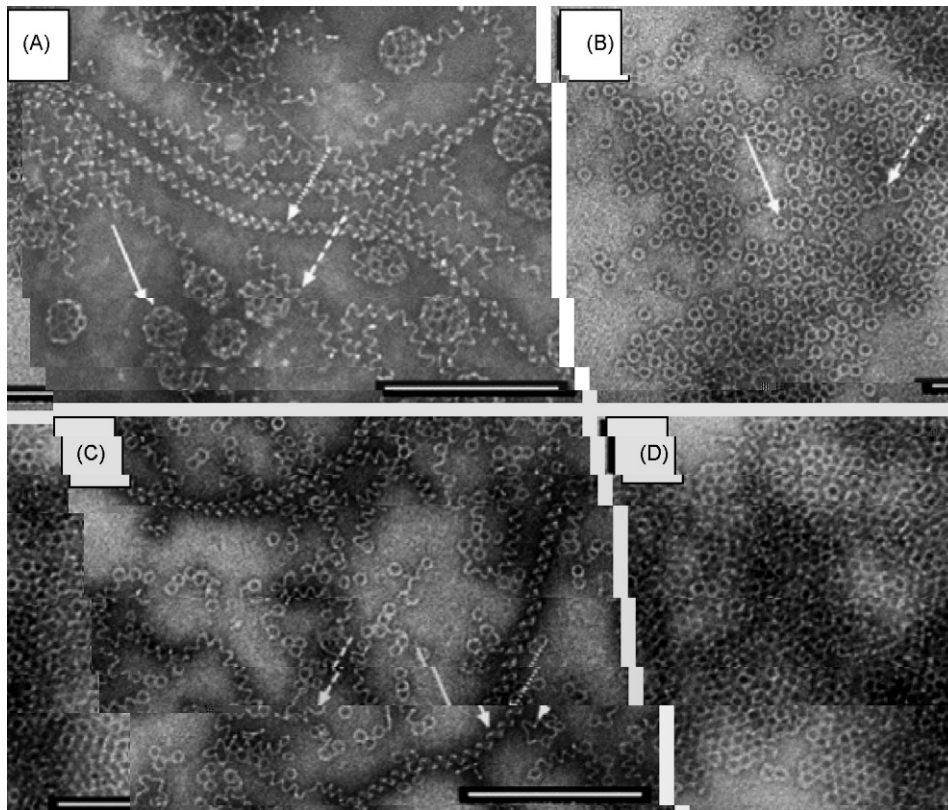


Fig. 1. Transmission electron microscopy (TEM) micrographs of colloidal particles prepared by dialysis method. (A) Typical (cage like) ISCOM matrices (solid arrow) as well as helices (dashed arrow) and double helices (dotted arrow) at a weight ratio of Qil A: cholesterol (CHOL): phosphatidylcholine (PC) (4:1:1), (B) ring like micelles (solid arrow) and worm like micelles (dashed arrow) at a weight ratio of Qil A: CHOL (4:1), (C) double helices (solid arrow), ring like micelles (dashed arrow) and worm like micelles (dotted arrow) at a composition of Qil A: CHOL (4:1), (D) Lamellar structures at a composition of Qil A: CHOL (2:1). Bar = 200 nm [27].

hydrating a lipid matrix incorporating Qil A into an aqueous buffer.

The preparation methods based on ethanol and ether injection have been published as a surfactant free protocol to form ISCOMATRIX™. Ethanol injection method is adapted from the ethanol injection technique described for the preparation of multilamellar liposomes [30]. Ethanolic solutions of cholesterol and phospholipid are injected into aqueous solutions of Qil A. This technique results in the formation of large numbers of cage like particles within 2 h. The method is simple, rapid, and efficient and offers the possibilities for large scale commercial production [30].

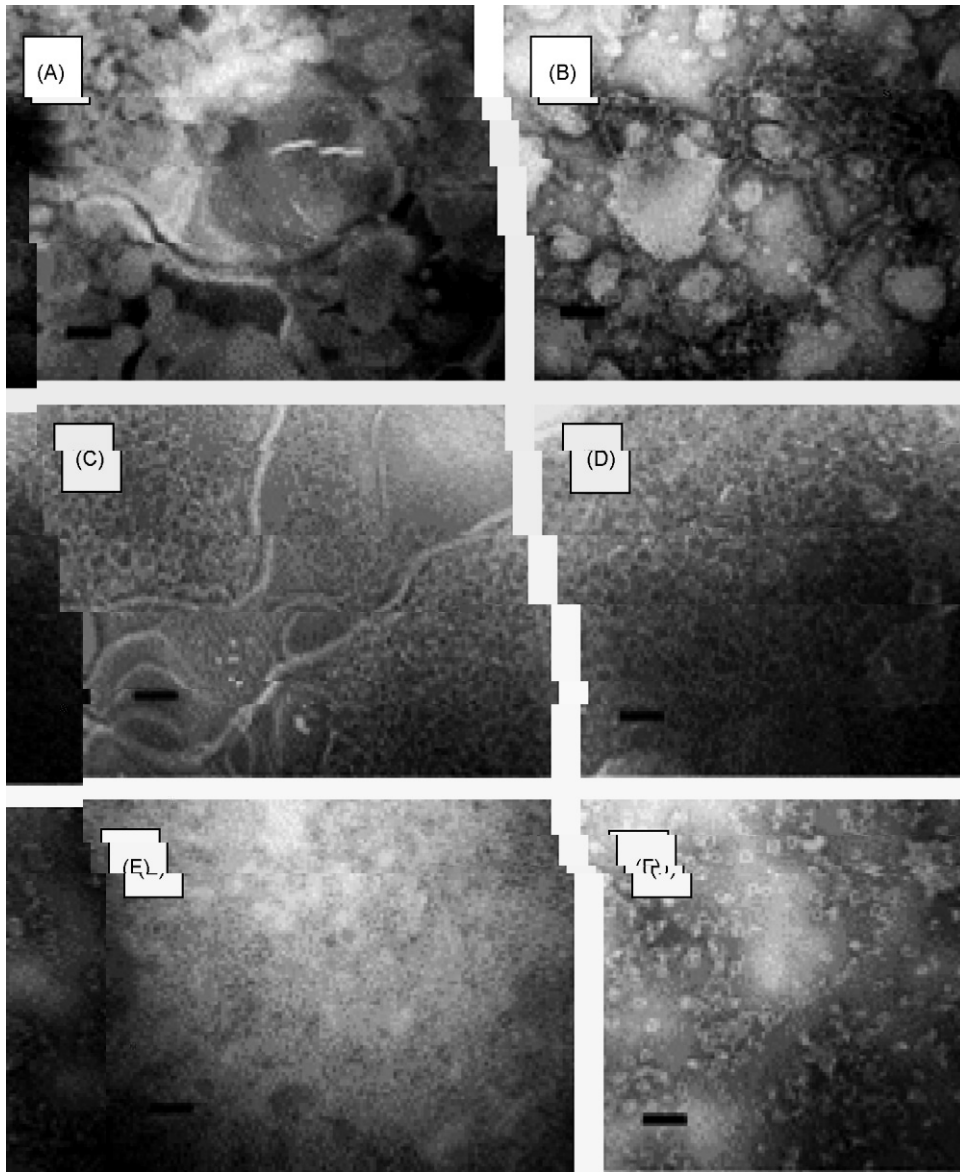


Fig. 2. TEM micrographs of colloidal particles formed when a dried lipid film (2 mg CHOL, 12 mg phospholipid) was hydrated with various concentrations of QilA solutions. (A) 0 mg/ml QilA, (B) 2 mg/ml QilA, (C) 3 mg/ml QilA, (D) 4 mg/ml QilA, (E) 6 mg/ml QilA, (F) 8 mg/ml QilA. Bar represents 100 nm [33].

els [43]. While this approach requires the production of a modified adjuvant, once produced it can be utilised to generate a wide range

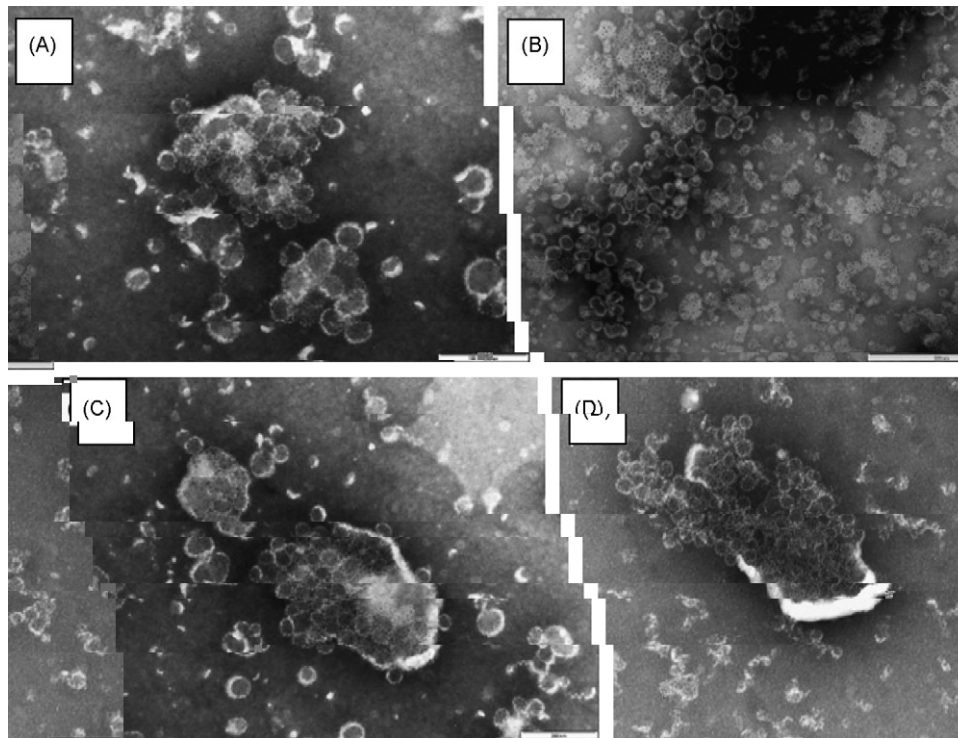


Fig. 3. TEM micrograph of colloidal particles prepared by hydration of freeze-dried matrix. (A) Sample prepared from PC/CHOL matrix with 200 mg sucrose and hydrating with a QilA buffer (ratio of PC:QilA:CHOL (8:8:4)), (B) sample prepared from PC/CHOL matrix with 300 mg sucrose and hydrating with a QilA buffer (ratio of PC:QilA:CHOL (8:8:4)), (C) sample prepared from PC/CHOL matrix with 200 mg sucrose and hydrating with a QilA buffer (lipid ratio of PC:QilA:CHOL (10:6:4)), (D) sample prepared from PC/QilA/CHOL matrix with 200 mg sucrose and hydrating with a QilA buffer (lipid ratio of PC:QilA:CHOL (8:8:4)) [35].

intraepithelial neoplasia ($n = 31$), it was reported that the specific antibody, DTH, *in vitro* cytokine release, and CD8 T cell response to E6 and E7 proteins were each significantly greater in the immunized subjects than in placebo recipients, while the frequency of loss of HPV16 was not statistically different between the vaccinated and placebo groups [114].

NY ESO 1 (ESO) is one of the most immunogenic tumor antigens expressed by many different tumor types and belongs to the family of cancer testis antigens. Marasko *et al.* [115] studied the preclinical immunogenicity and efficacy of ESO protein formulated in ISCOMATRIX™ adjuvant (ESO IMX). *In vitro*, the ESO IMX was readily taken up by human monocyte-derived dendritic cells, and on maturation, and epitopes of ESO protein were presented on MHC class II molecules to ESO-specific CD4⁺ T cells. ESO IMX also induced strong ESO-specific IFN γ and IgG2a responses in C57BL/6 mice, and ESO-specific CD8⁺ CTLs in HLA-A2 transgenic mice. ESO IMX further reduced incidence of tumors in C57BL/6 mice against challenge with a B16 melanoma cell line expressing ESO. These data illustrate that ESO IMX represented a potent therapeutic anticancer vaccine. ESO IMX was also evaluated for the safety and immunogenicity in a placebo-controlled clinical trial [116,117]. ESO IMX induced high titer antibody responses, strong DTH reactions, and circulating CD8⁺ and CD4⁺ T cells specific for a broad range of ESO epitopes. Among 42 patients, with a median follow-up of 748 days, 16 have relapsed: five of seven placebo patients, nine of 16 who received protein alone and two of 19 who received ESO IMX. Thus, the patients in cohorts with higher immune response scores appeared to have longer time to relapse free survival than those from cohorts with low scores. The phase II trial of ESO IMX was subsequently undertaken to assess objective clinical responses and immunogenicity in 27 patients with advanced ESO-positive melanoma [118]. However, no objective responses (antibody titers, DTH reaction and clinical responses)

were observed. The vaccine-induced immunity appeared to be attenuated in the presence of advanced metastatic disease.

Chen *et al.* [119] used a toll-like receptor (TLR) agonist in combination with ESO IMX in combination with overlapping synthetic peptides to identify the immunodominant T cells in ten patients vaccinated with ESO IMX. To novel CD4⁺ T cell epitopes were identified and characterized. T cells specific to these epitopes not only recognized toll-like receptor agonist-loaded ESO but also NY ESO 1 expressing tumor cell lines treated with IFN γ . One of the novel epitopes identified as greater than the previously identified immunodominant HLA-DP4-restricted epitopes and correlated with ESO-specific CD8⁺ T cell induction after vaccination. This T cell response was vaccinated in most patients who expressed HLA-DR2. The standard immunodominant CD4⁺ T cells and their determinants should help to improve vaccine design. Schnorr *et al.* [120] reported that the type of human DC, the mode of activation, and the strategy for delivery of antigen are 3 critical factors for efficient stimulation of tumor-specific CD8⁺ and CD4⁺ T cells. Only CD1c⁺ blood DCs and monocyte-derived DCs were capable of presenting epitopes of ESO on both MHC class I (cross presentation) and MHC II, whereas plasmacytoid DCs were limited to MHC II presentation. Cross presentation was inefficient for ESO alone, but highly efficient for ESO ISCOMs and for ESO IMX. The mode of antigen delivery was found to be a determining factor for costimulatory protein synthesis by DCs. ISCOMs targeted a slow, proteasome-dependent cross presentation pathway, whereas ISCOMATRIX™ targeted a fast, proteasome-independent pathway. Both cross presentation pathways resulted in a long-lived, T cell stimulatory capacity, which was maintained for several days longer than for DCs pulsed with peptide. This may provide DCs with ample opportunities for sensitizing tumor-specific T cells against a broad array of tumor antigen epitopes in lymph nodes. A pilot trial of ESO IMX pulsed onto peripheral blood dendritic cells (PBDC) was also performed

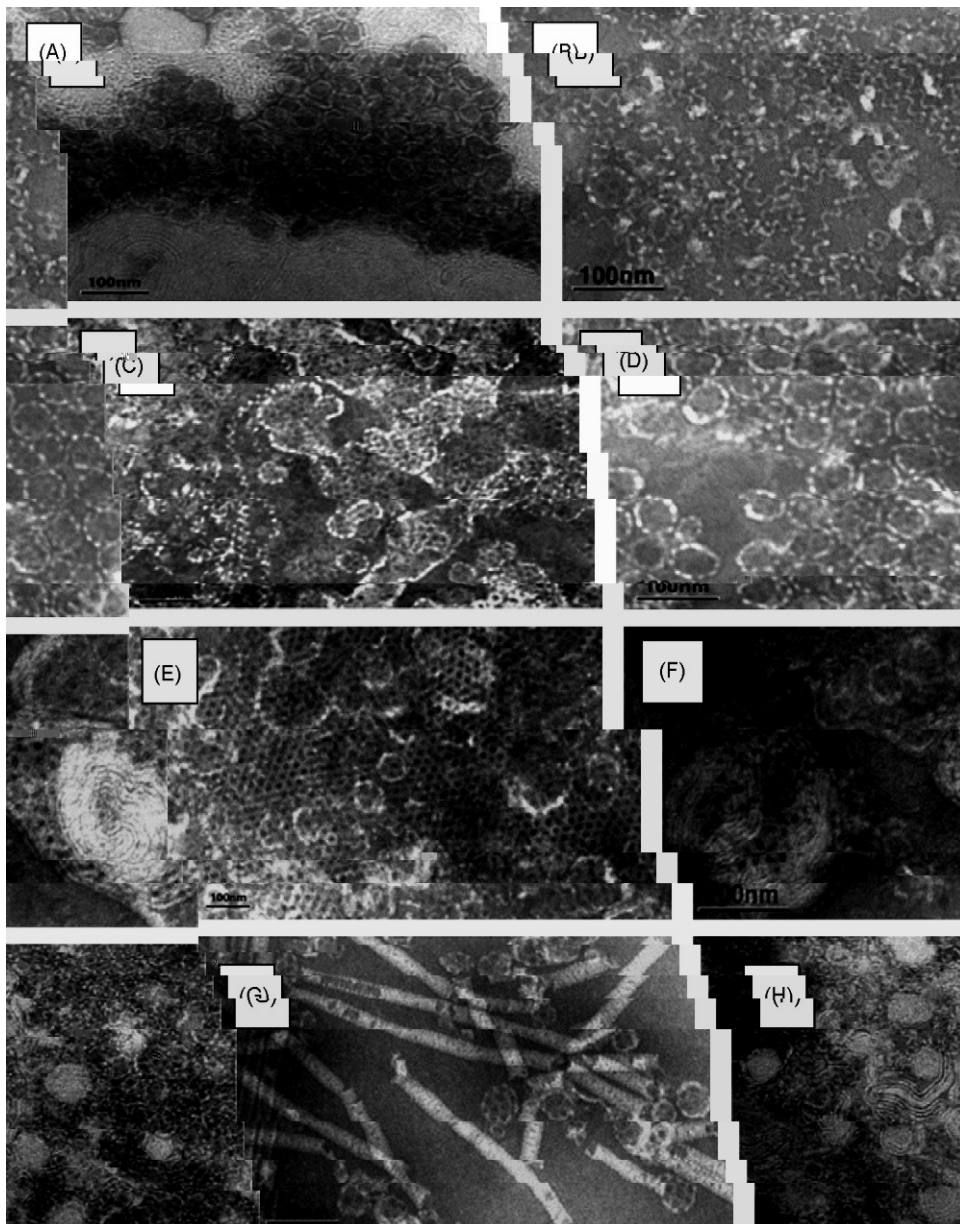


Fig. 4. TEM micrograph of colloidal particles prepared by other injection method. (A) ISCOMATRIX™ together with liposomes, (B) worm like micelles together with ISCOMATRIX™, (C) lamellae and helical structures together with ISCOMATRIX™, (D) ISCOMATRIX™, (E) lamellae structures together with ISCOMATRIX™, (F) liposomes and lamellae structures together with ISCOMATRIX™, (G) spiral structures together with ISCOMATRIX™, (H) lipidic particles together with liposomes and ISCOMs [38].

to elicit and the induction of ESO specific immune responses in patients [121]. The results indicated that using the ESO-IMX leads to activation of PBDC, and the treatment of patients with ESO-IMX plus PBDC is safe.

4. Mechanism of ISCOMs and ISCOMATRIX™ vaccines

ISCOMs and ISCOMATRIX™ combine antigen presentation by both MHC class I and class II pathways, and the powerful immunomodulatory capability of the saponin [6]. ISCOMs and ISCOMATRIX™ vaccines have been shown to become highly immunogenic *in vivo*, and to induce antibody and cellular immune

Table 1
Immune responses and protection in animals immunized with ISCOMs and ISCOMATRIX™ vaccines against infectious diseases.

Antigen	Animal model	Antibody	Cellular immune responses	Protection	Ref.
H1N1 influenza ISCOMs (subvirion)	Moose	Serum HA titers	HA specific CTL	Protection against H1N1 and H2N2 (dose dependent)	[44]
H1N1 influenza ISCOMs (disrupted)	Moose	Serum IgG and IgA; Ling, nasal and faecal IgA	Virus specific CTL	100% against homologous challenge	[45]
H1N1 influenza IMX (HA)	Moose, sheep	Serum HA titers, IgA and mucosal IgA			[46]
H1N1 influenza IMX (disrupted)	Merino ewe	Serum HA titers, IgA and mucosal IgA			[47]
Triplet influenza ISCOMs	Ponies	Serum EIV specific IgG and IgGb and nasal IgA	EIV specific IFN γ	Clinical signs and virus excretion	[48–50]
Triplet influenza ISCOMs	Mice	Serum HI antibody			[51]
H3N2 influenza ISCOMs (disrupted)	Moose			94–100% protection dependent on antigen dose	[52]
H1N1 influenza ISCOMs	Human		Virus specific CTL		[53]
H1N1 influenza ISCOMs (detergent split)	Mice	Serum IgG1 and IgG2a	IFN γ and IL 5; HA specific CTL	67–100% cross protection dependent on antigen dose	[54]
Influenza ISCOMs	Macaque			100% protection against homologous challenge	[55]
H5N1 influenza ISCOMs (surface gp)	Rooster			Protection against homologous challenge	[56]
H7N7 influenza ISCOMs (HA and NA)	Rooster			Protection against homologous challenge	[57]
Triplet influenza ISCOMs	Human	Serum HA titers	T cell proliferation; HI, HA specific CTL		[58]
H3N2 influenza ISCOMs (disrupted)	<i>Cynomolgus macaques</i>	Serum HI antibody		Protection against homologous, not protection against heterologous challenge	[59]
HCV core protein IMX	Rhesus macaque	Serum core specific antibody	IFN γ , IL 2, IL 5 and IL 10; core protein specific CTL		[60]
HCV proteins IMX	Mice	Envelope glycoprotein specific antibodies	CD4 ⁺ T helper responses but no CD8 ⁺ T cell responses		[61]
HBsAg ISCOMs	Mice		spleen lymphocyte transformation and IL 2		[62]
HSV 2 ISCOMs (gp)	Moose	Serum IgG, IgG1, IgG2a and neutralising antibody	IL 2 and IFN γ ; lymphoproliferation	80% and 56% survival from HSV 2 and HSV 1	[63]
PhHV 1 ISCOMs (gB and/or gD)	Cat or seal	Serum specific neutralising antibody	Proliferative responses in vaccinated seals	Reduction in titre in cats	[64,65]
EHV 1 IMX (gD)	Horse	Serum neutralising and gD specific IgG and IgGb			[66]
HSV 1 ISCOMs (gGp)	Guinea pig			Reduction in titre	[67]
HSV 1 ISCOMs (gp)	Moose			93% protection from viral latency in CNS	[68]
HIV 1 ISCOMs (gp120)	<i>Macaca mulatta</i> macaques	HIV 1 gp120 specific neutralising antibodies	IL 2 and IFN γ ; no cytotoxicity but T cell proliferation; high T cell stimulation index		[69]
HIV 1 ISCOMs (envelope and gag peptides)	Moose	Serum specific IgG2a and IgG2b			[70]
HIV 1 IMX (gp120)	Guinea pig	Neutralising antibody (100 fold)			[71]
HIV and SIV ISCOMs (Th and CTL epitopes)	Rhesus macaques	Neutralising antibody	CTLs	Reduction in viral loads	[72]
HIV PR8 F1 ISCOMs I	Mice, rhesus macaques	gp120 specific IgA in mice, but not in rhesus macaques			[73]
FIV ISCOMs (accessory proteins Rex and OrfA)	Cats			No protection against FIV	[74]
MV ISCOMs (H or F)	Moose monkey	HI and neutralising antibody, and F specific antibody	Measles virus specific T cells in mice	Full protection from acute encephalopathy	[75]
MV ISCOMs (inactivated virus)	Cotton rat			100% protection	[76]
MV ISCOMs and MV IMX	Macaques	Neutralising antibody	MV specific IFN γ producing cells		[77]
HMPV IMX (F)	Syrian golden hamsters	Neutralising antibody		Homologous or heterologous protection; reduction in virus shedding	[78]
HMPV IMX (F)	Cynomolgus macaques	F specific Ig antibody and neutralising antibody	Specific lymphoproliferation	Reduction in virus shedding	[79]
NDV ISCOMs (HN and F)	Chicken	Serum HI and neutralising antibody		>80% protection	[80]
RSV ISCOMs (F and G)	Mice	RSV specific IgG and IgA			[81]
RSV ISCOMs (F and G)	Mice	Serum IgG, IgG2a, IgG1 and neutralising antibody and IgA	IFN γ , reduced Th2 cytokine expression	Reduction in RSV titers	[82]

Table 1 (Continued)

Antigen	Animal model	Antibod	Cell lar imm ne responses	Prot ect ion	Ref.
RSV ISCOMs (F and G)	Mice	RSV specific IgG and IgG2a	Th1 t pe of profile; IFN γ ; specific CTL		[15,83]
BRSV ISCOMs (F and G)	G inea pig	Ser m VN antibod		Clinical and irological prot ect ion	[84]
BRSV ISCOMs (F and G)	Cal es	bRSV specific nasal IgG, ser m IgG ₁ and IgG ₂ titers		100% prot ect ion	[85]
RPV ISCOMs (H)	Cattle	Ne trali ing antibod		No prot ect ion	[86]
Rot a ir s VLP IMX	Gnot obiot ic pigs			Red ced period of iral e c re tion	[87]
Rot a ir s VP6 protein IMX	Gnot obiot ic lambs	Ser m specific ne trali ing and IgG antibod	Increased CD8 ⁺ T cells in jej nal PP		[88]
Rot a ir s VLP IMX	Gnot obiot ic pigs			70% prot ect ion	[89]
Rot a ir s VLP IMX	Gnot obiot ic pig, gnot obiot ic cal e	ser m VN, IgA, IgG and int est G)1061.3438.Aantibod			

both CD4⁺ and CD8⁺ T cells *in vivo* and activation of DC enhances their ability to present antigen to CD4⁺ T cells. ISCOMs recruit a number of accessory cells *in vivo*, including DC, but very little is known of which APC presents the ISCOMs associated antigen and of how ISCOMs are processed by defined APC subsets. In particular, it is not known how ISCOMs can prime CD8⁺ T cell responses so efficiently *in vivo*, an unusual, but important, property for a vaccine adjuvant. In addition, unlike CD4⁺ T cell responses, where the role of DC maturation is well characterized, there is little information on the effects of DC maturation on class I restricted presentation to CD8⁺ T cells, particularly where exogenous antigens have been used. To test the hypothesis that presentation by DC underlies the priming of CD8⁺ T cells by ISCOMs, Robson et al. [135] investigated the role of DC in the priming of antigen specific CD8⁺ T cells *in vitro* by ISCOMs containing ovalbumin. The results show that bone marrow derived DC are a tremendous effect in presenting ISCOMs associated antigen to resting CD8⁺ T cells *in vitro* and this is greatly enhanced when ISCOMs pulsed resting DC are induced to differentiate with lipopolysaccharide. The priming of CD8⁺ T cells is independent of cognate CD4⁺ T cell help and the intracellular processing in all elements of both the class I and II pathways. Interestingly, the presentation by resting DC is dependent on TAP, but independent of CD40-CD40 ligand (CD40L), whereas the maturation effect reveals a CD40L dependent, TAP independent pathway. These findings show that ISCOMs can be presented more efficiently to CD8⁺ T cells by DC and also suggest the existence of a novel pathway of MHC class I restricted antigen processing which may be an important target for vaccine adjuvants. Schnirrer et al. [120] reported that antigen cross presentation is inefficient for ESO alone, but highly efficient for ESO-ISCOMs and for ESO-ISCOMATRIXTM, and that ISCOMs targeted a slow, proteasome dependent cross presentation pathway, whereas ISCOMATRIXTM targeted a fast, proteasome independent pathway.

4.2. Cytokine induction

Regulatory Th cells are essential for the development of antibody and CTL responses to foreign antigens. With respect to their cytokine production after activation, murine Th cells can be divided into at least two of functionally distinct subpopulations. Th1 cells produce the cytokines IL 2 and IFN γ and mediate certain antibody independent immune responses as well as promoting certain antibody responses. Th2 cells produce IL 4, IL 5, IL 6 and IL 10 and are considered to provide help essential for antibody production. The importance of the Th cell subsets for generation of protective immunity has been demonstrated in several experimental models and human diseases and suggests that vaccination against certain infectious diseases may be dependent on efficient means to induce T cell responses with desired properties. The set of adjuvants with distinct immunomodulatory properties represents one approach to achieve this aim.

The ability of saponin based formulations to induce strong Th cell responses is well established. Studies in sheep demonstrated that high levels of IFN γ as present in the lymph following injection of Quil A in the presence or absence of antigen; replacing the Quil A with Al(OH)₃ did not induce a similar response. A number of studies have examined the development of Th1 like and Th2 like T cell responses after injection of saponin containing vaccines, particularly ISCOMs and QS 21. Activation of T cells by ISCOMs as first described by Fosselman et al. [136], who reported that immunization with influenza ISCOMs induced spleen cells which proliferated and secreted IL 2 after antigen stimulation *in vitro*. These observations were extended in a study [137] which showed that the production of IL 2 and IFN γ by spleen cells primed with ISCOMs as dependent on CD4⁺ T cells. The ability of ISCOMs to induce T cells producing IL 2 and IFN γ has since been demonstrated for a number of anti-

gens and it is now well established that ISCOMs strongly promote the development of Th1 type T cell responses. Additional support for this observation is that ISCOMs elicit high levels of antibodies of the IgG2a subclass. A shift to production of antibodies of this subclass is dependent on IFN γ , whereas IL 4 is important for the generation of high levels of IgG1 [138]. The relative production of these IgG subclasses in mice can therefore be used as a surrogate marker for the generation of immune responses of a Th1 or Th2 type.

Clearly, cytokine induction is an important component of ISCOMs and ISCOMATRIXTM vaccine. Upregulation of pro-inflammatory IL 1 as the first cytokine response observed to be related to the adjuvant activity of ISCOMs vaccines [139]. Since then many other cytokines have been shown to be regulated in response to ISCOMs and ISCOMATRIXTM vaccines, these include IL 2, IL 4, IL 5, IL 6, IL 10, IL 12 and IFN γ [9,140]. Mohamedi et al. [63] reported that ISCOMs favored the capacity to enhance a Th1 type of immune response. In his study, HSV 2 antigen was prepared following its formulation into ISCOMs in a murine model. The results showed that higher IgG2a and neutralising antibody levels, IL 2 and IFN γ levels and lymphoproliferative responses were noted in mice immunized with the HSV 2 ISCOMs vaccine preparation. However, there were no differences between any of the HSV 2 vaccine formulations in terms of IL 4 induction in spleen cell cultures, indicating Th1 bias in this vaccine design. Similar report conducted by Rinaldo and Torpe [141] revealed that high levels of the cytokines IL 2 and IFN γ , indicative of a bias towards Th1 immune responses, have been correlated with protection against HSV. ISCOMs were also reported to induce a concomitant Th2 response, resulting in a so called balanced Th1/Th2 response [125]. The broad range of cytokines is consistent with the mixed Th1/Th2 responses observed with ISCOMs vaccines [122].

The generation of Th2 responses after ISCOMs immunization is less clear cut and appears to vary with the antigen used, the choice of cytokines analysed and the type of cytokine assay. The production of IL 4 by T cells primed with ISCOMs has been reported to be low or undetectable when determined as the cytokine concentration in cell culture supernatants. However, IL 4 may be rapidly consumed [142,143] and therefore, the low levels of IL 4 in culture supernatants may not therefore reflect the true responses *in vivo*. In support of this, immunization with ISCOMs containing an antigen (PSA 2) from the parasite *Leishmania major* induced high numbers of T cells producing IL 4 as detected in an ELISPOT assay but only trace amounts of IL 4 were detected in parallel cell culture supernatants. Moreover, vaccination of C3H/He mice with PSA 2 ISCOMs did not protect them against *L. major* infection despite the activation of high numbers of T cells secreting IFN γ . As protection against *L. major* depends on the generation of Th1 like T cells producing IFN γ and susceptibility correlates with the presence of IL 4, these findings suggest that the activation of Th2 like T cells by ISCOMs vaccination is as sufficient to abrogate the protective Th1 effects. In addition, the induction of IL 4 by OVA in ISCOMs has been reported to be comparable to that of OVA in Al(OH)₃, an adjuvant with a tremendous high capacity to induce Th2 responses. The strong ability to increase IgG1 responses to antigens provides further support for the involvement of IL 4 in immune responses to ISCOMs. ISCOMs have also been reported to induce production of IL 5 and IL 10. Immunization with OVA ISCOMs or PSA 2 ISCOMs generated T cells producing significant amounts of IL 5 [144]. The effects of ISCOMs on IL 10 production are unclear as both an increase and decrease in production of IL 10 have been reported. *Quillaia* saponins may down regulate the production of IL 10 in a dose dependent manner [145]. It can be concluded that ISCOMs, in most cases, function as a potential inducer of a Th1 type immune response but are also able to induce a concomitant Th2 response.

4.3. CTL induction

The induction of CTL responses generally requires that antigens are processed in the cell cytosol to generate peptides which are presented at the cell surface in the context of MHC class I molecules. Exogenous antigens must therefore be able to enter the cytosol to give rise to peptides which can be presented to MHC class I restricted CTL. Adjuvants can be useful for CTL induction by facilitating this process. One way to achieve this is for the adjuvant to interact with the cell membranes so that antigen together with the adjuvant is deposited into the cytosol. The adjuvant can also induce the production of Th1 like cytokines which are necessary for the development of these cellular immune responses.

ISCOMs have been demonstrated to induce CD8⁺ MHC class I restricted CTL to a number of antigens after immunisation by several different routes of administration. This was first illustrated with recombinant HIV 1 gp160 ISCOMs and influenza ISCOMs. The adjuvant potential of ISCOMs and ISCOMATRIXTM vaccine can be achieved by optimal CTL induction [39]. And the capacity to deliver antigen to the cytosol passes through a MHC class I restricted antigen presentation resulting in a strong CTL response [146]. The most likely explanation for this is that ISCOMs and ISCOMATRIXTM, because of their particulate nature, are targeted to and more efficiently taken up by cells of the immune system such as APCs followed by processed and presented to CD8⁺ T cells [115]. Lee et al. [147] confirmed the delivery of polypeptide vaccines in the form of either synthetic polypeptides or recombinant polypeptide proteins by ISCOMs and showed that induction of multiple protective CTL responses by these polypeptide ISCOMs formulations were comparable to viral vector or DNA based delivery modalities as assessed by IFN- γ ELISPOT, chromin release and viral challenge assays. A possible mechanism of the CTL effect elicited by the ISCOMs can be explained by the apoptotic and necrotic effects induced by saponin in EL4 mouse lymphoma cells [148].

The mechanism by which ISCOMs and ISCOMATRIXTM induce CTL responses is likely that these adjuvants associate with antigen and facilitate entry into the cell cytoplasm. Due to their surface active properties, it is possible that the *Quillaia* saponins play a role in this process by intercalating with cholesterol in the cell membrane to form pores, which have been observed in electron micrographs, through which the saponin and antigen could pass into the cytoplasm. Supporting this mechanism is the finding that ISCOMs containing the measles virus F protein have been reported to sensitise target cells *in vitro* for lysis by CD8⁺ MHC class I restricted CTL clones [149]. When a cell line which had lost the ability to generate peptides presented by MHC class I molecules as well as the APC, no lysis was detected, demonstrating that processing in the cytosol of measles F protein contained in the ISCOMs was necessary. Thus, the ISCOMs might incorporate into cell or endosomal membranes, thereby exposing the incorporated antigen to cytosolic proteases [150].

4.4. Apoptosis

The mechanism for adjuvant activities of saponin was also investigated by the apoptotic and necrotic effects induced by saponin in EL4 mouse lymphoma cells, which were expected to be a possible mechanism of CTL effect elicited by the ISCOM [16]. Since optimal cross presentation of an antigen required an additional step of DC maturation induced by necrosis [150], cross presentation of antigen to CD8⁺ T cells was found to take place after phagocytosis of apoptotic cells by immature DCs, which provide antigenic signals for MHC class I presentation. Analyses of EL4 cells by flow cytometry after Annexin V/propidium iodide staining demonstrated that saponin induced both apoptosis and necrosis, after which immature DCs were shown to phagocytose both the antigen saponin com-

plexes and the saponin induced dead cells, indicating that saponin induced both apoptosis and necrosis in EL4 cells and these events are critical for antigen processing and presentation [148].

The depot effect, whereby antigen is trapped at the site of administration, in order to attract APCs is considered to be an important function of adjuvants. However, unlike aluminium and oil based adjuvants, ISCOMATRIXTM based vaccines are cleared rapidly from the site of injection to the draining lymph nodes, although there is some evidence of dose site effects such as cellular infiltration [122]. To date there is little evidence to suggest that ISCOMs and ISCOMATRIXTM binds to specific receptors and unlike other adjuvants of innate immune responses such as CpGs, LPS and DNA they do not appear to activate Toll Like Receptors (TLRs). It, therefore, remains unclear how ISCOMs and ISCOMATRIXTM induce cellular activation and prolonged cytokine expression [122].

5. Conclusion

ISCOMs and ISCOMATRIXTM vaccines have not been tested with numerous antigens both in humans and in veterinary vaccine designs, and been shown to be highly immunogenic including antibody mediated immunity, cell mediated immunity as well as innate immune responses. The major features of ISCOMs and ISCOMATRIXTM vaccines for humoral responses include the magnitude, speed and longevity of the antibody response, as well as the capacity for antigen dose reduction, making them suitable for vaccine designs that require a rapid response and for antigen that is limited or expensive to manufacture. The major features of ISCOMs and ISCOMATRIXTM vaccines for cellular immune responses are the ability to induce strong and long lasting CD4⁺ and CD8⁺ T cell responses or/and long lived CTL responses. The ability of ISCOMs and ISCOMATRIXTM to induce CTL in primates and humans makes them ideal for use in vaccines directed against chronic infectious diseases as well as for therapeutic cancer vaccines. Additionally, ISCOMs and ISCOMATRIXTM also demonstrate significant potential as a mucosal adjuvant, particularly for intranasal administration.

Noel data from animal or human models have provided insight into the mechanisms underlying the adjuvant functions of ISCOMs and ISCOMATRIX. These include the activation of IL-12 dependent aspects of the innate immune system, or inducing the abilities of antigen presentation by both MHC class I and class II pathways and related cytokines. These events most likely create an optimal environment for the maturation of APCs such as DCs, enhancing their ability to present antigens and provide costimulatory signals that will facilitate the subsequent amplification of the antigen specific immune response.

In all cases, the studies have shown a good safety and tolerability profile in humans and animals and as well as induction of both humoral and cellular immune responses. Although there are currently registered ISCOMs vaccines for veterinary applications, the properties and features of the ISCOMs and ISCOMATRIXTM vaccines need further clinical investigation for novel human vaccines and further cellular or humoral immune responses should also be required to demonstrate efficacy in humans in the future.

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