

Refined *n*-3 PUFA activates AMPKα1 and AMPKα2 in the intestine of *AMPKα1*^{-/-} mice fed a high-fat diet

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Abstract

n-3 PUFA has been reported to exert metabolic effects mediated by AMP-activated protein kinase (AMPK) to be elucidated. To determine the effects of α -linolenic acid (ALA) on intestinal fatty acid (FA) metabolism and the effects of ALA affected by AMPK deletion, mice deficient in the catalytic subunit of AMPK α 1 and AMPK α 2 and wild-type (WT) mice were fed either a high-fat diet (HF) or lemeteatin with ALA (HF-A). The results showed that ALA treatment decreased TAG content in WT mice. ALA also decreased mRNA expression of carnitine acyltransferase 1a, acyl-CoA ido-1, medium-chain acyl-CoA dehydrogenase, carnitine palmitoyl transferase 1, carnitine acyltransferase 1, carnitine acyltransferase 2, diacylglycerol acyltransferase 1 and carnitine acyltransferase 2 in WT mice. Compared with the effects of the high-fat diet alone, the effects of the high-fat diet with ALA addition were similar. However, the absence of AMPK α 1 and AMPK α 2, ALA treatment failed to reduce total lipid content in WT mice after ALA addition. This significant effect of either diet (HF and HF-A) suggests that WT, AMPK α 1^{-/-} and AMPK α 2^{-/-} mice take up the same amount of faecal TAG and the effect of AMPK is indispensable for the effect of ALA on total lipid content.

Keywords: α -Linolenic acid; AMP-activated protein kinase; Lipid metabolism; Intestine

Dietary fat is a major factor in cardiovascular disease and fatty acid (FA) that affects health. However, although the amount of saturated fat, especially α -linoleic acid (*n*-6:*n*-3 PUFA ratio), may contribute to the development of heart disease, its exact role has been studied in the field of the small intestine. The dietary fat metabolism of high-fat diet (HF)-fed mice can be affected by total lipid metabolism (2). The small intestine is the gatekeeper of the nutritional interface between the blood and the diet (2) and is the main target of α -linoleic acid-related enzymes (3,4). A recent study has suggested that the main target of α -linoleic acid is the small intestine (5).

Recently, dietary *n*-3 PUFA has been suggested to affect FA metabolism (5,6) and cholesterol uptake (5). However, the mechanism of action of *n*-3 PUFA remains to be elucidated. Many studies have demonstrated that *n*-3 PUFA exerts its effect via lipid metabolism through the PPAR pathway (5,7), a *n*-3 PUFA-specific ligand of PPAR (8). Moreover, *n*-3 PUFA could interact with PPAR α and enhance PPAR α transcriptional activity (9). Therefore, the effects of

the effects of carnitine acyltransferase 1 (CAT1), a key enzyme involved in FA metabolism, could be affected by FA and the absence of PPAR α (10,11). The results suggest that the mechanism of action of *n*-3 PUFA could affect FA catabolism.

AMP-activated protein kinase (AMPK) is the key effector of the biological process and it has a critical role in the regulation of lipid metabolism through Cdk5 (12). Previous studies have indicated that *n*-3 PUFA could be beneficially affected by carnitine acyltransferase 1, carnitine acyltransferase 2, diacylglycerol acyltransferase 1 and carnitine acyltransferase 2 (13), and it is a key regulator of lipid metabolism (14). In addition, long-chain *n*-3 PUFA treatment could activate AMPK and improve glucose uptake in the intestine (15). Nevertheless, the effects of

leaf oil, ALA is the major polyunsaturated fatty acid (PUFA) in the Western diet⁽¹⁷⁾. It is also thought that fish oil (rich in DHA and EPA) may reduce the effect of ALA⁽¹⁸⁾. Therefore, the standard diet contained a mixture of different types of oil to determine whether ALA could decrease the lipid metabolism in mice lacking AMPKα1 or AMPKα2.

Materials and methods

Animal

All mice were housed individually and maintained at 21±2°C, under a 12:12 h light-dark cycle with free access to water and food. To evaluate the effect of ALA on the lipid metabolism in mice lacking AMPKα1 or AMPKα2 mice with a C57BL/6 genetic background were used. The AMPKα1 and AMPKα2 knockout mice were obtained from the Jackson Laboratory and C57BL/6 mice were obtained from the Chinese Academy of Agricultural Sciences.

Experimental design and sample collection

All mice at 8 weeks of age were maintained on a 45% HF diet. The HF diet contained 45% (kcal%) fat from lard and about 10%, 20% protein and 35% carbohydrate. Fatty acid composition of the diet is shown in Table 1. C57BL/6, AMPKα1^{-/-} and AMPKα2^{-/-} mice (eight male mice each group) at 9 weeks of age were fed a diet containing 10% ALA (Aladdin Ltd; maintained the same amount of fat at 45%) for 12 weeks. Food intake was measured throughout the study period, and body weight was recorded every week. On the last day of the experiment, mice were killed by cervical dislocation and blood was collected from the eyeball. Next, the small intestine, a femur and the jejunum and ileum were dissected, the gizzard flushed with saline and immediately frozen in liquid N₂ and stored at -80°C.

All experiments were approved by the Committee of Experimental Animal Care, Zhejiang University (Hangzhou, China).

Measurement of TAG and fatty acid composition in blood and faeces

TAG content in a meal digested faecal sample and faeces were measured by a colorimetric method⁽¹⁹⁾. Briefly, the faeces were digested at 60°C overnight and lipid-free extract was measured by the method of Folch et al.⁽¹⁹⁾. Next, TAG content in the lipid extract from faeces and serum was measured using a TAG assay kit (GPO-POD;

Alpha Technologies Inc.) as Zhang et al. did⁽²⁰⁾. Total fat in the faeces was measured by the iodine faceted fat test⁽²¹⁾. FA methyl ester was measured by GC. The FA were identified by comparison of the retention time of standard esters, and the composition of FA was calculated according to the total area.

Quantitative RT-PCR analysis

Total RNA was extracted with the TRIZOL reagent (Invitrogen) and the cDNA synthesis kit (the Invitrogen RevertAid Reverse Transcriptase). Real-time PCR analysis was performed according to the method described previously⁽²²⁾. Briefly, the PCR system consisted of 10 µl of SYBR Premix Ex Taq (2x) mix (Rachio), 0.4 µl of ROX (50x) (Rachio), 1.0 µl of cDNA, 7.8 µl of ddNTP-dUTP solution and 0.4 µl of primers (10 mM).

Statistical analysis

Data were analysed as a 3×2 factorial, except that RT-PCR data were analysed as a $3 \times 2 \times 2$ factorial using PROC MIXED in SAS (SAS Institute Inc.). The statistical model included eight gels, food intake and fat intake from diet, gender and the diet. The statistical model gave the interaction between meat type and gender and the diet. Treatment means were calculated using the LSMEANS statement, and meat effects were tested using the PDIFF option of PROC MIXED. All analyses were significant differences among meat.

Results

Bod weight gain and food intake in wild-type, AMPK $\alpha 1^{-/-}$ and AMPK $\alpha 2^{-/-}$ mice

According to Table 3, there was no effect of gender on body weight (WT), AMPK $\alpha 1^{-/-}$ and AMPK $\alpha 2^{-/-}$) for the fed diet (HF and HF diet) compared with ALA (HF-A). There was no difference between gender and diet effects for food intake, and no effect between gender and diet effects for food intake. There was no significant difference between gender and diet effects for food intake.

TAG concentration in serum and faeces and fatty acid composition in wild-type, AMPK $\alpha 1^{-/-}$ and AMPK $\alpha 2^{-/-}$ mice

According to Table 4, there was a significant difference between gender and diet for TAG concentration in faeces. In fact, this reflected a difference between WT mice (11.1 ± 0.3 mg/g) and HF-A diet mice (17.2 ± 0.3 mg/g). However, there was no significant effect of gender on body weight gain.

There was a difference between gender and diet effects. A significant difference between gender and diet effects and the effect of the gender interaction was significant, the data from FA concentration in faeces showed a difference in the gender (Table 5). Compared with mice fed a HF diet, mice fed a HF-A diet had higher levels of ALA (C18 : 3), EPA (C20 : 5) and DHA (C22 : 6) in faeces, whereas mice fed a HF-A diet had a lower level of C18 : 1.

Effect of α -linolenic acid on hepatocyte proliferation of AMPK and pAMPK in the small intestine of mice

No effect was found between the fed diet and the diet and the effect between gender and diet effects for the expression of AMPK $\alpha 1$ and AMPK $\alpha 2$ both in the jejunum and the ileum. Protein levels of AMPK $\alpha 2$ in AMPK $\alpha 1^{-/-}$ mice were higher than in WT mice, and protein levels of AMPK $\alpha 1$ and AMPK $\alpha 2^{-/-}$ mice were higher than in WT mice both in the jejunum and the ileum (Fig. 1(a)-(e)). No effect was found between gender and diet and the effect between gender and diet effects for the expression of AMPK $\alpha 1$ and AMPK $\alpha 2$ both in the jejunum and the ileum, because the HF-A diet decreased protein levels of AMPK $\alpha 1$ compared with the HF diet in WT mice but not in AMPK $\alpha 2^{-/-}$ mice, and HF-A diet decreased protein levels of AMPK $\alpha 2$ compared with the HF diet in WT mice but not in AMPK $\alpha 1^{-/-}$ mice (Fig. 1(f)-(j)).

Effect of α -linolenic acid on gene expression of fatty acid oxidation, fatty acid transportation and TAG synthesis-related genes in the small intestine of mice

According to Table 6, no effect was found between gender and diet and the effect between gender and diet detected, except that the effect between gender and diet

Table 5. Fatty acid composition in serum of wild-type mice (WT), AMPK α 1 whole-body knockout mice (AMPK α 1 $^{-/-}$) and AMPK α 2 whole-body knockout mice (AMPK α 2 $^{-/-}$)*
(Mean values with their pooled standard errors)

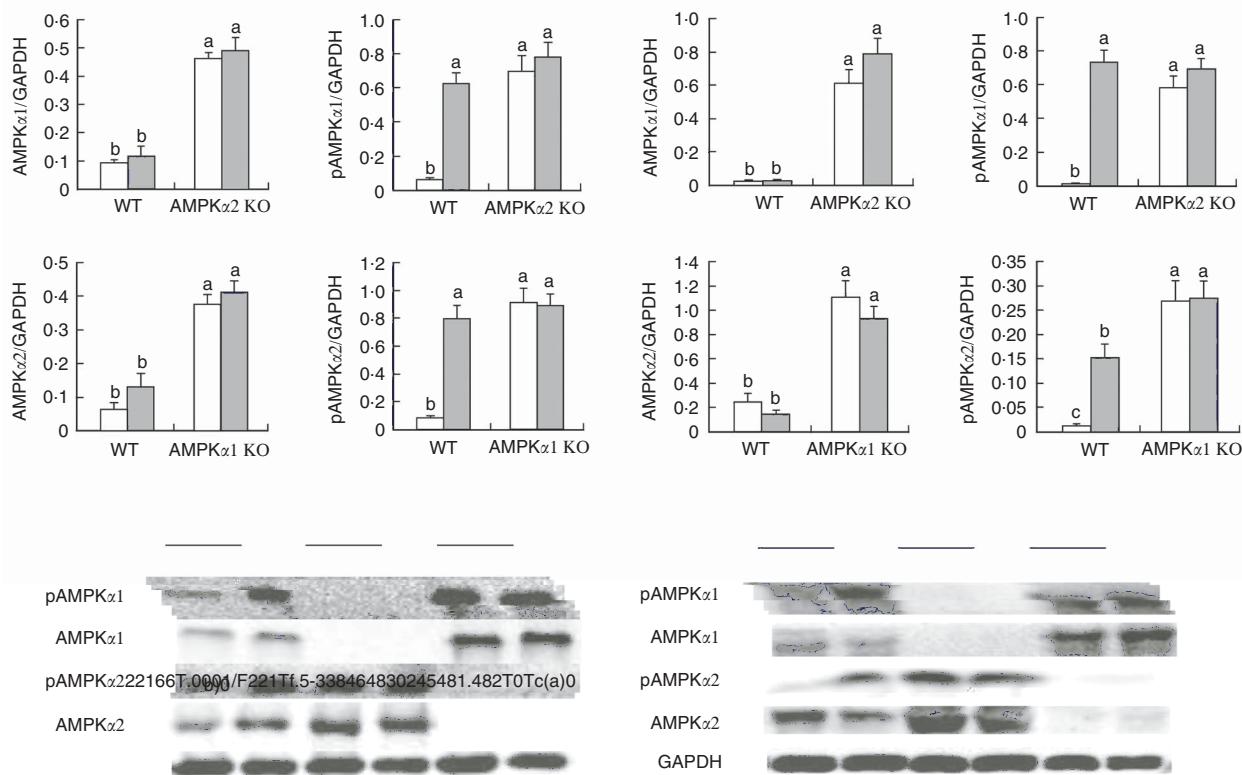
Fatty acid (% of total fat)	HF	HF-A	SEM	P
C16	28.6	26.5	1.05	0.09
C18	17.7	17.1	1.22	0.17
C18 : 1	37.6 ^a	31.8 ^b	1.52	0.03
C18 : 2	13.5	14.2	0.99	0.41
C18 : 3	0.2 ^b	7.3 ^a	0.61	<0.001
C20 : 5	0 ^b	0.34 ^a	0.03	<0.001
C22 : 6	0 ^b	0.54 ^a	0.05	<0.001

AMPK, AMP-activated protein kinase.

HF: WT, AMPK $\alpha 1^{-/-}$ and AMPK $\alpha 2^{-/-}$ mice fed a high-fat diet; HF-A: WT, AMPK $\alpha 1^{-/-}$ and AMPK $\alpha 2^{-/-}$ mice fed a high-fat diet supplemented with α -linolenic acid.

^{a,b} Mean values within a row with unlike superscript letters were significantly different ($P < 0.05$).

* As no interactions between genotypes and types of diet were observed and the effect of the genotypes is never significant, the data are presented independently from the genotype.



e e b e ed f f g e e e f e i f CPT1a, ac l-C A ida e
 1 (ACOX1), medi m-chal ac l-C A deh d g e a e (ACADM),
 c t chf me P450 4A10 (C 4a10), f ate deh d g e a e
 k a e i e me 4(dk4), m ac lgl ce 1 O-ac lf a fe a e
 2 (MGAT2), diac lgl ce 1 O-ac lf a fe a e 1 a d 2 (DGAT1
 a d DGAT2) b th the je m a d the ile m, beca e
 diet leme ted ith ALA f ea ed g e e e f e i f
CPT1a, ACOX1, ACADM (FA idati f elated g e e , hich
 gge ted a & ha ced β - idati f acti it), C 4a10 (FA

idati^{-/-} related gene, which generates a truncated omega-idiati^{-/-} protein, pdk4(β^{-/-}glc) gene generates a truncated fat acid idati⁽²³⁾, MGAT2, DGAT1 and DGAT2 (TAG synthase) genes, which are related to TAG synthesis, and the AMPKα2^{-/-} and AMPKα1^{-/-} mice. Gene expression levels of fat acid fat synthase 4 (FATP4) and the cluster of differentiation 36 (CD36) were higher in the jejunum than the ileum, whereas either gene fat was significantly affected gene expression of FATP4 and CD36.

Discussion

n-3 long-chain PUFA, DHA and EPA have been demonstrated to reduce malnutrition metabolism and attenuate heart failure in diabetics⁽⁵⁻⁷⁾. However, little research has assessed the effects of the fatty acids on the catalytic activity of the α - and β -isozymes of the catalytic subunit of AMPK in heart failure. It is indicated that ALA and EPA reduce heart failure in WT mice fed a HF diet and have anti-diabetic effects⁽²⁴⁾. In the current study, it is indicated that ALA and EPA reduce heart failure in WT mice fed a HF diet and have anti-diabetic effects⁽²⁴⁾.

It is indicated that the efficiency of ALA and EPA in reducing heart failure is limited⁽²⁵⁾, because the catalytic activity of ALA and EPA is limited⁽²⁶⁾ and they are membrane proteins^(27,28). Moreover, ALA, with its long-chain DHA and EPA, could not reduce heart failure in HF diet-fed mice and it is related to diabetes⁽²⁹⁾. However, it is indicated that dietary ALA reduces heart failure in TAG-rich WT mice fed a HF diet. Dietary ALA may inhibit heart failure in ALA-deficient WT mice and AMPK-lacking mice. In addition, a low-fat meal is able to reduce the levels of DHA and EPA in the blood after ALA supplementation. Consequently, it is indicated that ALA alone has anti-diabetic effects in heart failure⁽²⁹⁾. In addition, it is indicated that ALA has anti-diabetic effects in heart failure.

AMPK is a heterotrimeric enzyme consisting of a catalytic α subunit and regulatory β and γ subunits. The $\alpha 1$ and $\alpha 2$

subunits of the α -subunit have 90% amino acid sequence homology with the catalytic site, but major differences in the C-terminal tail of $\alpha 1$ and $\alpha 2$ exist⁽³⁰⁾. A difference in the α -catalytic subunit is involved in specific differences between $\alpha 1$ and $\alpha 2$ regarding the formation of heart failure and metabolic regulation⁽³¹⁾. For the past decade, it is indicated that the $\alpha 2$ -subunit is a feasible target for the modulation of gene expression⁽³²⁾. However, it is indicated that the $\alpha 1$ -catalytic subunit accounts for most of the activity of AMPK, especially in adipocytes^(33,34). Moreover, mice lacking the $\alpha 2$ -subunit exhibited adiposity and adipogenesis, but were protected from the HF diet⁽³⁵⁾. Therefore, it is indicated that the $\alpha 1$ -catalytic subunit is lacking, the $\alpha 2$ -catalytic subunit is a candidate for the regulation of AMPK. Specifically, ALA did not affect the expression of AMPK α subunit in the heart. However, ALA supplementation reduced AMPK phosphorylation in the heart. The results indicated that ALA mainly affects the $\alpha 1$ -catalytic subunit of AMPK activity.



mice and mRNA expression of genes related to FA oxidation in the liver of WT mice was higher than that in AMPK $\alpha 2^{-/-}$ mice. The effect indicated that AMPK $\alpha 2$ affected the effect of ALA on neutral FA metabolism. It has been suggested that mice lacking AMPK $\alpha 2^{-/-}$ had a reduced lipid accumulation and were more sensitive to the challenge of dietary fat compared to WT mice (35). However, both effects and those in the fed and fasted states significantly differed from TAG content between WT and AMPK $\alpha 2^{-/-}$ mice fed a HF diet. Accordingly, we found that the TAG content in WT mice increased in response to the HF diet, while the TAG content in AMPK $\alpha 2^{-/-}$ mice fed a HF diet was lower than that in WT mice. The effect indicated that AMPK $\alpha 2$ may be involved in the effect of ALA, but not the effect of DHA and EPA. However, mice with a high level of deletion of AMPK $\alpha 1^{-/-}$ and feeding a HF diet had a higher TAG content than WT mice, and ALA addition to the diet did not decrease TAG content in AMPK $\alpha 1^{-/-}$ mice. The effect indicated that AMPK $\alpha 1$ affected TAG levels in the liver of HF-fed mice. Moreover, the fact that ALA stimulates neutral lipid metabolism mRNA expression of genes related to FA oxidation in WT mice but not in AMPK $\alpha 1^{-/-}$ mice indicated that AMPK $\alpha 1$ is also involved in the effect of ALA on neutral FA oxidation.

In addition, either ALA addition or AMPK catalytic deletion affected the expression of genes related to FA uptake, a significant change being observed in CD36 and FATP4 expression. Moreover, differences in faecal TAG content all features could be further investigated. However, TAG content in WT mice increased in response to the HF diet, a significant decrease, and mRNA expression of DGAT1 and DGAT2 was higher than that in the fed state. In addition, neutral FA oxidation can be ALA stimulates lipid metabolism may be the primary factor for this change.

Overall, it is clear that ALA treated WT mice from HF-fed mice had a higher level of neutral FA oxidation. Moreover, both AMPK $\alpha 1$ and AMPK $\alpha 2$ are indispensable for the effect of ALA on neutral FA oxidation. The findings might provide insight into the mechanism of the effect of ALA on neutral FA metabolism and the mechanism of the management of systemic lipid metabolism. Nevertheless, further studies will be needed to explore the differential effect of n-6 PUFA and n-3 PUFA on neutral lipid metabolism and their mechanism.

Conclusion

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X. Z. and J. C. designed and carried out the experiment, analyzed the data and wrote the manuscript. W. W. carried out

the experiment. X. W. contributed to the experimental design and discussion. Y. W. contributed to the experimental design, discussion and manuscript preparation.

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