



ONE Health Approach to Address Zoonotic Brucellosis: A Spatiotemporal Associations Study Between Animals and Humans

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middle-income countries, including China (1–4). During the past decades, it was observed a significant increase in human brucellosis in China (5, 6). Given a broad range of animal reservoirs, and humans serving as an accidental host, the exact relationship between human brucellosis and its animal reservoirs remains elusive. This is one of the most pressing knowledge gaps to understand the dynamics of zoonotic in China.

The pathogens infect and invade the host via the mucous membranes, gastrointestinal tract, respiratory tract or abraded skin. In China, human infections are more often related to the occupation and consumption of foods of animal origin (7). Veterinary personnel, animal-farmers, and slaughterhouse workers are at the highest risk, usually acquiring infections through the mucous or abraded skin (8, 9). Respiratory tract infections are common in people inhaling contaminated air-borne droplets or dust, for example, those working in the fur processing environment (10). People with no exposure to farm animals or animal-products are usually infected by contaminated food or water via gastrointestinal tract infections (11). The disease burden of human brucellosis infections is dynamic with respect to the endemic areas and time. Despite this dynamism, the only static component in the transmission chain is that the human incidences of brucellosis are always linked to certain animal reservoirs. Here, for the first time, we can address these key questions by using a “One Health” approach in an interconnected manner (6).

Farm animals, companion animals, and wild animals are well-known reservoirs for human infections (10). Farm animal brucellosis, with a wide range of clinical signs, is dependent on the infected animal hosts, age, sex, routes of exposure and organs involved (12). The hallmarks of infection include spontaneous abortion, undulant fever, and sometimes mastitis. Generally, animal brucellosis is sub-clinical but causes significant economic losses in the livestock industry. In companion animals, most of the infection cases are usually asymptomatic or mild (13). Therefore, farm and companion animal brucellosis are usually underappreciated due to their obscure syndrome and clinical presentations. Nevertheless, a systematic understanding the burden of animal brucellosis is largely lacking in China.

In this study, we conducted a systematic review and meta-analysis of the spatiotemporal epidemiological feature of brucellosis in animals and humans from a nationwide One Health approach. A comprehensive review of animal brucellosis in China, with an integrated evidence-based result analysis of human brucellosis to address the parameters for potential transboundary infections, was also undertaken.

MATERIALS AND METHODS

Search Strategy

This review and systematic analysis included studies published in Chinese or English languages, between 1958 and 2018. The Chinese Publications were retrieved from China National Knowledge Infrastructure, CNKI (<https://www.cnki.net/>) and English papers were from PubMed with the same search string composed using keywords “ or Brucellosis” and “China.”

Selection Criteria

Publications were firstly screened based on their title and abstract followed by inclusion or exclusion criteria formulated by the authors (Table 1).

Data Extraction

Selected publications were perused for data extraction. Information on the title, author, journal, publication year, province, host (sheep and goat were grouped into one category because they were referred to as one single entity in Chinese literature), sampling year, type of samples, number of total samples, number of positive samples and number of strains and species wherever available, were determined. That information was extracted and arranged in an MS Excel spreadsheet formatted especially for this purpose.

Descriptive Analysis

Descriptive analysis was undertaken to calculate an approximately accurate epidemiologic picture of the disease and its causative agent. We analyzed the spatiotemporal relationship between human and animal brucellosis, where possible. We identified dominant species of in humans and some common animals including cattle, dog, pig, sheep & goat, and pointed out potentially high-risk infectious sources toward the human.

Meta-Analysis

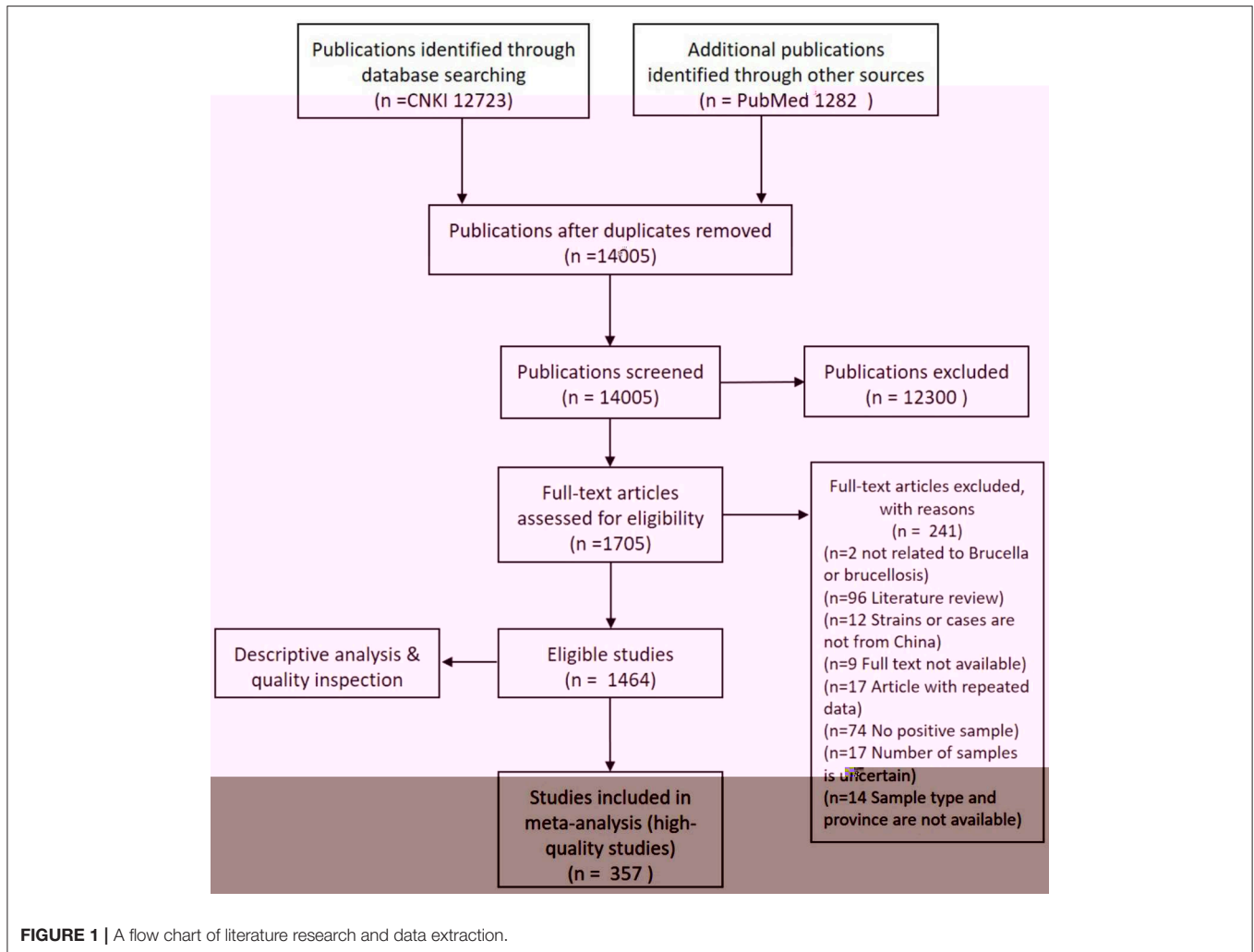
A second step quality control screening of each record used for the descriptive analysis was applied using the exclusion criteria (Table 2). This was used to revise the data necessary for a meta-analysis of the prevalence of animal brucellosis.

TABLE 1 | Inclusion/exclusion criteria for publication screening.

Inclusion criteria	Exclusion criteria
<ul style="list-style-type: none"> • Case report on brucellosis • Epidemiological investigation of brucellosis • Study on biotype of <i>Brucella</i> strains 	<ul style="list-style-type: none"> • Literature review • Publication with no positive sample of brucellosis • Number of samples is uncertain • No Chinese strains or cases • Article with repeated data • Study not related to <i>Brucella</i> or brucellosis • Full text not available • Sample type and province are not available

TABLE 2 | Exclusion criteria for the second round of record screening.

1. No specific host or host mentioned is human
2. No specific sample types mentioned
3. Total number of samples is less than 100
4. No specific province reported in the study
5. No reporting of any specific sampling year



The data extracted from hence selected publications were meta-analyzed in a binary random-effects model by DerSimonian-Laird method at 95% confidence level using OpenMeta-analysis, as described previously (14). The meta-analysis was performed according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines to ensure the quality of the writing and presentation of this review (15). Three subgroup meta-analysis on the host, sampling year, and province were conducted simultaneously. The results obtained as the forest plots were projected with GraphPad Prism 7.

RESULTS

Literature Search and Data Extraction

A total of 1,464 bilingual publications, which included 1,383 in Chinese and 81 in English, were used for the descriptive analysis after a full-text screening of primary eligible studies. Only 357 publications, 350 in Chinese, and 7 in English, among the total of 692

eligible records, were deemed suitable for meta-analysis. A flow chart of literature research and data extraction is shown (Figure 1).

Descriptive Analysis

All provinces or municipality cities in China except Macao had reported positively for the prevalence of brucellosis. In mainland China, the largest number of records were from Inner Mongolia (n = 431), while there were only a few records from Tianjin (n = 11). Rose-Bengal Plate Agglutination Test (RBPT), Standard Tube Agglutination Test (SAT), Polymerase Chain Reaction (PCR), and Enzyme-Linked Immunosorbent Assay (ELISA) were the most common assays used for the detection of positive samples which were mostly blood. A total of 70,035,273 samples were tested in all these eligible studies, while 2,339,773 samples turned out to be positive, considered as the confirmed brucellosis cases or separated strains in these studies. There were more records on brucellosis in northern China than in southern China. The number of samples tested in northern China was also much higher. The details are shown in Table 3

TABLE 3 | Characteristics of records from eligible studies.

	Total		Northern China*		Southern China [#]	
	Human	Animal	Human	Animal	Human	Animal
Number of records (%)	1,904	1,382	1,386 (73%)	939 (68%)	480 (25%)	409 (30%)
Number of total samples (%)	10,283,133	59,741,718	8,522,768 (83%)	55,531,284 (93%)	1,360,477 (13%)	2,668,094 (4%)
Number of positive samples (%)	1,037,606	1,293,024	919,372 (89%)	1,202,177 (93%)	24,156 (2%)	78,523 (6%)

*Northern China: Includes provinces such as Heilongjiang, Jilin, Liaoning, Inner Mongolia, Gansu, Xinjiang, Qinghai, Ningxia, Shanxi, Shaanxi, Hebei, Beijing, Tianjin, Shandong, Henan.
[#]Southern China: Includes provinces such as Shanghai, Jiangsu, Anhui, Hubei, Chongqing, Sichuan, Yunnan, Guizhou, Hunan, Jiangxi, Zhejiang, Fujian, Taiwan, Guangzhou, Hong Kong, Guangxi, Hainan, Tibet.

below (Some data are not counted into the table because they

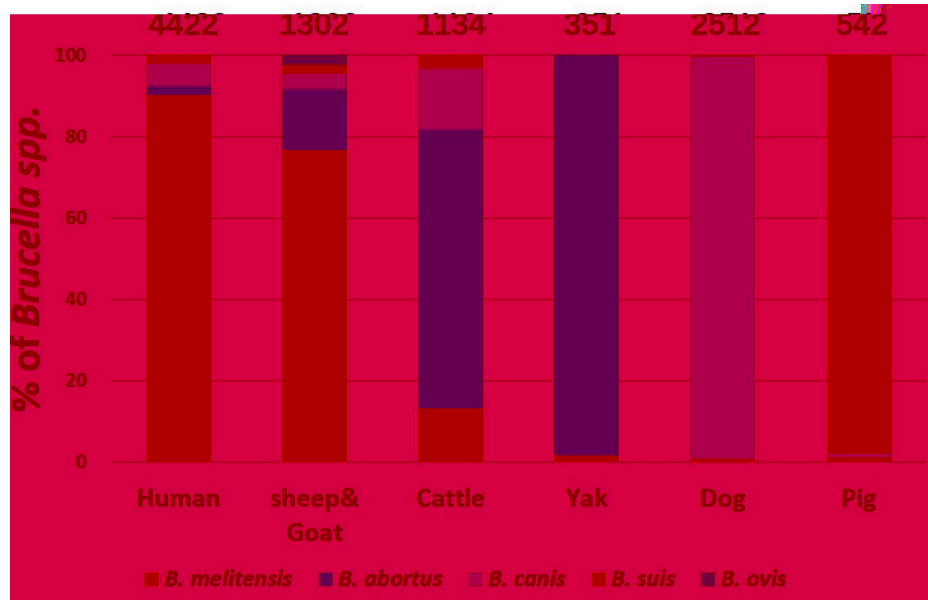


FIGURE 2 | Prevalence of various species of *Brucella* on different hosts. Height of the column in different color shows the proportion of *Brucella* species. Hosts are specified as human, sheep & goat, cattle, yak, dog, and pig at the base of each bar. Number above the bars indicates the number of positive samples.



FIGURE 3 | Temporal distribution of human and animal brucellosis in China between 1951 and 2018.

DISCUSSION

Brucellosis is one of the most common zoonotic diseases worldwide, with a bioweapon potential, posing a significant public health concern (16). It not only causes considerable damages to public health but also significantly impairs veterinary public health and animal welfare. For example, reduced milk yield and contaminated dairy products due to animal brucellosis in America alone worth ~400 million US dollars (17), and the annual economic losses of brucellosis in two counties in Jilin province, China was more than 2.3 million US dollars (18).

Brucellosis had been well-controlled last century in China by a nationwide program for brucellosis control, as well as by a national campaign for preventing and controlling brucellosis (19). In China, it had been well-controlled by a national campaign for preventing and controlling brucellosis in the last century. However, the disease has reemerged during the last two decades (20). In certain regions of China, the number of cases of brucellosis reported is higher than that in the 1990s (21). Recently, a study on the epidemiology of human brucellosis was carried out with official data (6). Moreover, Ran and his group applied a meta-analysis on seroprevalence in dairy cows in China

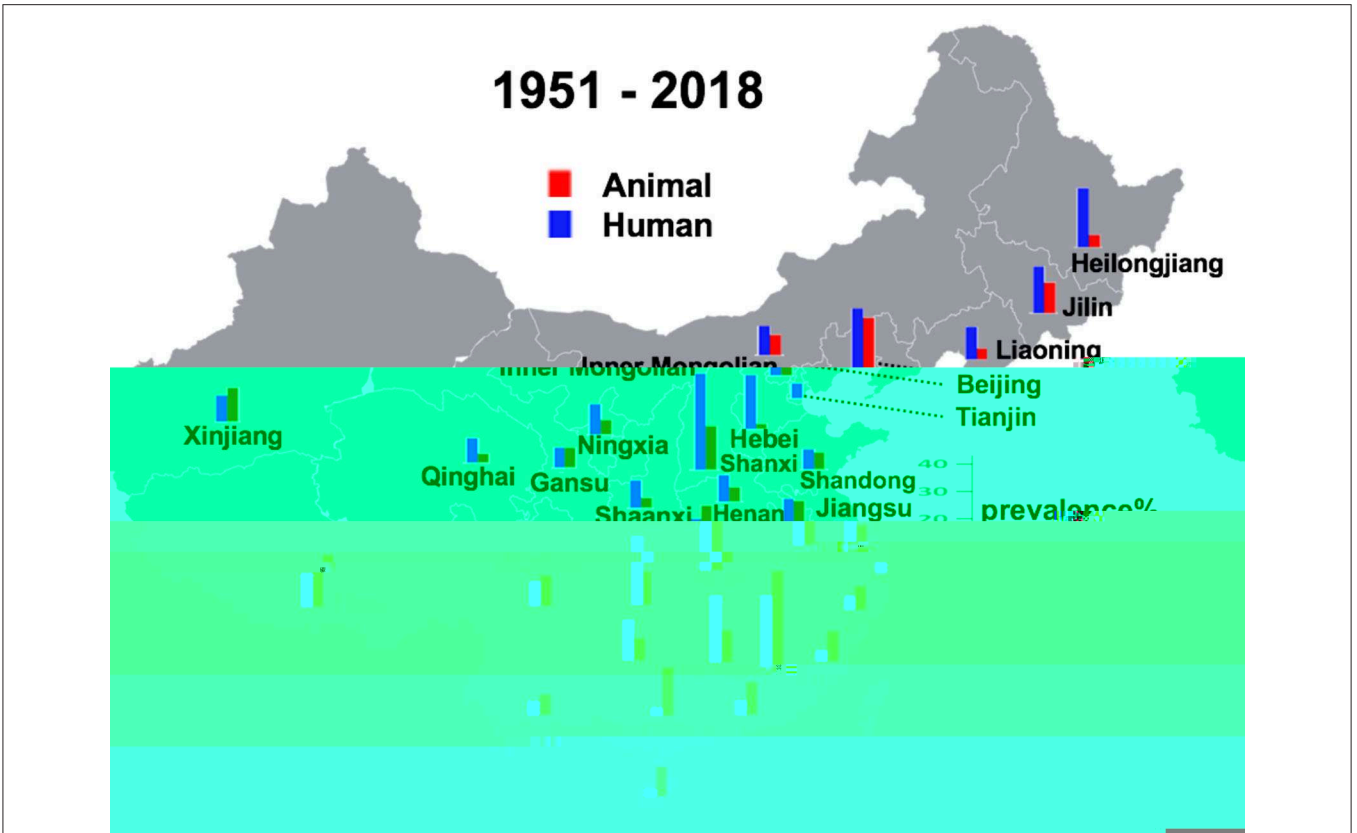


FIGURE 4 | Geographical distribution of brucellosis in animal reservoirs and humans. In two municipal cities Shanghai and Tianjin, only human cases were observed.

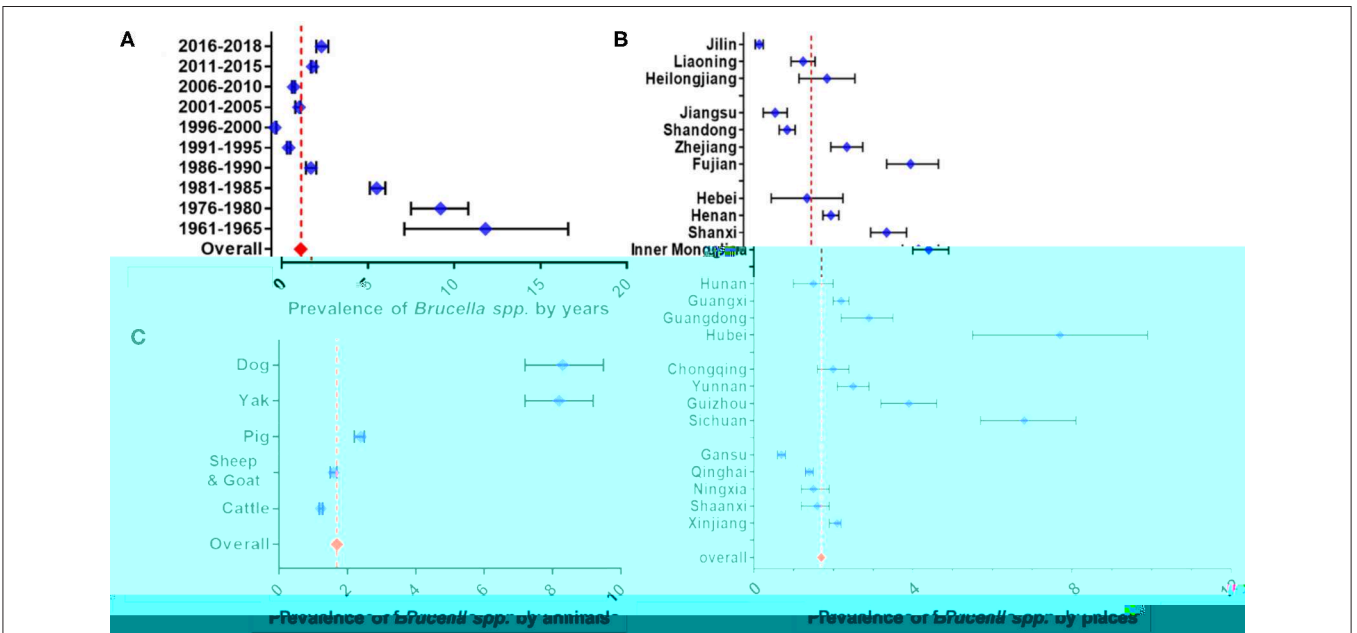


FIGURE 5 | Results of subgroup meta-analysis for different animal-related factors. Subgroup analysis on sampling year **(A)**, subgroup analysis on the province **(B)**, and subgroup analysis on the host **(C)**. The broken vertical line indicates the pooled summary estimate of prevalence for the selected variable.

(22). Despite these interesting and novel studies, information on the dominant biotype of *B. abortus* in multiple kinds of hosts and prevalence within other animals is ambiguous. To a general extension, our unique One Health approach, combined with evidence-based meta-analysis, could be readily scaled to other zoonotic agents with significant public health importance.

In China, brucellosis was first recorded as Malta fever in two foreigners in Shanghai in 1905 (6). Until the 1990s, there was a high incidence of animal brucellosis, with relatively few human incidence (Supplemental Figure 1). Then after the 1990s, it started an uphill climb in most of the regions of mainland China. Brucellosis, previously thought to be frequently detected in northern China, is now increasingly seen in highly cosmopolitan parts of southern China (23). Our findings are in line with an earlier study which, using the notifiable reporting data for 1955–2014 based on the magnitude and distribution of human brucellosis in mainland China, had emphasized its recent re-emergence (6). Similar to the findings of our analysis, a previous study focusing only on the human incidence of brucellosis, showed some distinct temporal patterns, such as high incidence during 1955–1978, low incidence during 1979–1994, and dramatic accumulation incidences from 1995 onwards is consistent with the trend in *B. abortus* seroprevalence from animal and human sero-surveys conducted in China during 1950–2014 (6)

system for companion animals in the densely populated cities is urgently needed.

Our data and subsequent analysis have thus revealed that brucellosis was a major concern for study and research in Northern China as compared to Southern China over time, for around three-quarters publications on brucellosis were carried out in North China. However, the meta-analysis showed that some areas in Southern China had even higher prevalence rates than northern ones, suggesting that brucellosis in the south is as severe as the north. It can be inferred from these analyses that human is likely to get infected with *B. abortus* from all available transmission pathways, and various kinds of animals, among which the sheep and goat are possibly the highest risks because the formation of *B. abortus* species in sheep and goat is similar with that of human. More alarmingly, canine brucellosis could be a top public health concern imposing a greater threat to human because pet dogs are playing a more and more important role in the current days of Chinese life. According to statistics, there have been over 740 million domestic dogs in China in 2019 (38), relationships between pet dogs and human are getting more and more close, which emphasizes that canine brucellosis is a pressing concern. An earlier study had shown that Chinese isolates of *B. abortus* strains had unique genetic lineages at the global level whereas the isolates of *B. abortus* were closely homologous to strains from Korea (35). Despite this disease being the most widespread zoonosis globally, it is also true that it remains severely neglected as a potential cause for chronic, debilitating maladies for multiple reasons such as its non-descript clinical presentation in human populations and its varying degree of clinical presentations (11).

Despite our updated largest analysis, there are some limitations to our analysis. Firstly, we only used two databases for bilingual publication research, so we might have missed some literatures. Second, most publications chose RBPT and SAT to detect positive blood samples, which have lower specificity and sensitivity than other recommended methods such as ELISA. Only 24 provinces in China had sufficient qualified data and thus were eligible for meta-analysis, leaving a quite large leak of animal brucellosis in remaining regions in China. Despite these, owing to a large number in the examined dataset, we believe that our meta-analysis is able to unravel a general situation and trend of animal brucellosis in China over time, thus attracting more attention to prevention and control of brucellosis in China.

CONCLUSION

Brucellosis is an important zoonosis in China, which was controlled well in the late twentieth century but re-emerged in the past two decades. Human may get infected from various domesticated animals, and most possibly sheep and goat. Canine brucellosis deserves more attention for the prevalence rate in dogs are quite high and the relationship between human and dogs is more and more close. Studies on brucellosis and *B. abortus* were gaining more attention at northern provinces than those of southern region. However, our findings suggests that brucellosis among animals in the south is as equally serious as that in the north. Therefore, a nationwide comprehensive monitoring

program must be reinitiated for both human and animals. In this perspective, brucellosis being a zoonotic disease, the One Health approach would be an ideal tool for alleviating the other diseases impacts on both humans and animals with the public health concerns.

AUTHOR SUMMARY

Brucellosis is a worldwide zoonosis caused by *B. abortus* posing significant damage to both public health and agriculture. However, the report about animal brucellosis in China is scattered, unintegrated, and dominant species among each kind of animals remains unknown. Here, we aimed to present the nationwide evidence-based results by using the systematic review and meta-analytic approach.

EVIDENCE BEFORE THIS STUDY

After over 100 years in discovery of the agent of Malta fever by David Bruce, brucellosis remains one of the important zoonotic infections causing huge reproductive failure in livestock, and economic losses of the dairy industry in low and middle-income countries. Brucellosis is also a serious public health problem for humans, due to food-chain, and/or occupational exposure. It is estimated that over one-fifth of the 1.4 billion worldwide cattle population is currently infected by *B. abortus*, and results in over half-million new human cases annually, representing the most common systemic bacterial zoonosis. As the world largest population (1.4 billion people and 500 million livestock units), even though numerous studies reported significant accumulation of human brucellosis in China, only scattered and unintegrated animal brucellosis datasets are available, leaving huge knowledge gap for the zoonotic control and measurement.

ADDED-VALUE OF THIS STUDY

We used the evidence-based studies, a meta-analysis, to build the most updated and comprehensive picture of brucellosis in China, including humans, livestock, and companion animals. The One Health approach indicates that the trend of human and animal brucellosis are closely associated with each other in China, with significant expansion from traditional northern farming areas to southern China. Importantly, we found that canine and yak could serve as the emerging reservoirs for human infections in China.

IMPLICATIONS OF ALL THE AVAILABLE EVIDENCE

The surveillance measurement for human brucellosis should be shifted from traditional northern China to southern regions. Policymakers should consider regional epidemiological data and risk factors to mitigate the zoonotic transmission from animals to humans. Our unique One Health approach, combined with evidence-based meta-analysis, could be readily scaled to other zoonotic agents with significant public health importance.

DATA AVAILABILITY STATEMENT

All datasets generated for this study are included in the article/

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